

A Academy of C Combined E Events

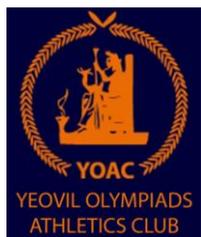
Taking Talent to the Top
Multi Event Training for Somerset Athletes
Wednesdays 6 - 8pm; Millfield Track/Strode College.

Somerset's Athletics Clubs

Athletics is an all year round sport. There are four main track and field athletics clubs in Somerset with access to an athletics track. Clubs cater for under 11 athletes and provide suitable programmes for under 13 athletes. All the clubs cater for older athletes and also have adult training groups. The four clubs train all year round and also offer a variety of competition opportunities. All club coaches are UK/British Athletics qualified and all will have had a DBS check. In addition to the 4 athletics clubs, ACE offers targeted combined events specific coaching to any athlete in year 6 or above, regardless of whether or not they are in a club. Our focus is to prepare athletes for the Somerset Combined Events Championships and beyond.



1. Wells City Harriers encourages athletes of all ages and abilities to train and compete for them. Their junior track & field and cross-country teams are amongst the best in the region. They offer athletic competition for all disciplines - road, multi-terrain, fell-running, track and field, cross-country. Junior training takes place at Millfield School Athletics Track, Street on Monday evenings. For further details contact Simon Prior: 01278 793383/07980 289547/email: runsimonrun1st@yahoo.co.uk or go to: <http://www.wellscityharriers.org.uk/Joomla/>



2. Yeovil Olympiads Athletics Club has excellent facilities and a team of committed and qualified coaches who are helping to produce many outstanding athletes. The club was established in 1969 and has always enjoyed being amongst the leading clubs in the South West of England. In 2001, YOAC joined forces with Wells City Harriers and now enters combined teams for Track and Field as well as Cross Country and Road Running. The club trains at the Bill Whistlecroft Athletics Arena, Yeovil. Sessions for junior athletes take place on Tuesday evenings in the winter and Tuesday & Thursday evenings in the summer. For further details contact the Membership Secretary Emma Trickey: 07970 620121; or email: emmatrickey@btinternet.com or go to: <http://www.yeovilolympiads.com/Pages/default.aspx>



3. Taunton Athletics Club is a thriving club catering for athletes of all ages and abilities from beginners to county standard and beyond. The club has active Track & Field, Sports Hall, Cross Country and Road Running sections. Their primary aim is to witness individuals enjoying sport, fulfilling their potential, being active and enjoying the physical and psychological benefits which sport brings to our lives. They try to achieve all of this through quality coaching and appropriate competition. Training takes place on Tuesday & Thursday evenings at the Castle School Athletics Track, Taunton. For more information contact the Membership Secretary Jo Woodland: 01823 491608; or email: jo_woodland@yahoo.co.uk or go to: www.tauntonac.org



4. Mendip Athletics Club is a friendly, welcoming club and caters for all abilities from recreational athletics to national level. The club provides a number of training sessions throughout the week covering all aspects of athletics including conditioning, endurance, cross country and track and field events. As a club MAC is highly competitive but also wants its junior athletes to enjoy athletics at their own level and pace. Members are encouraged to "have a go" and enjoy the sport. The club has a thriving junior academy that trains indoors during the winter and joins the outdoors sessions in the summer on Thursday evenings at Millfield School Athletics Track, Street. For more information, phone the Membership Secretary Patrick Aspinall on: 01749 672782; or email: macmembership@btinternet.com; or go to: <http://www.mendipac.org.uk>



Contact Details:
<http://www.aceathletics.co.uk/page4.html>
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